

MULLALEY PUBLIC SCHOOL



A Quality Education in a Caring
Environment

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WEEK 3 Term 1, 2019

Welcome to Week 3. This week has started busily with staff and students alike involved in various learning opportunities. Yesterday afternoon, the staff from Mullaley Public School joined with staff members from the nine Namoi Partner Schools to participate in the second round of the Connecting to Country Course. This was a fantastic opportunity for staff to learn more about local Aboriginal history and methods in which it can be incorporated into the classroom. Staff have one more session left which will occur later in the term.

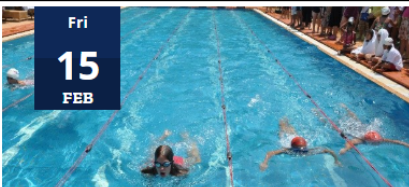
On Tuesday, students commenced their weekly gardening, recycling and technology lessons with Mrs Lush, Ms Short and Sandy. All students eagerly engaged in their respective activities and we look forward to seeing what our school gardens will provide in the near future.

This Friday is the Small Schools Swimming Carnival at the Gunnedah Memorial Pool. Like in all events, we encourage students to remember to try their best, that participation is winning. As the swimming carnival is a compulsory school event, there will be no school bus operating on Friday. Students are expected to be at the carnival and any student absences will be marked as unjustified.

Last year we launched a new look school website.



This year, all notes that are sent home will be uploaded to the website along with the weekly newsletter. A new feature of the website is the EVENTS section.

<p>Wed 13 FEB</p> <p>Mullaley Public School P&C AGM 📅 Wednesday 13 February 2019 ⌚ 3:15-5 pm 📍 Mullaley Public School</p> <p>The Mullaley Public School P&C AGM will be held at 3:15pm on Wednesday the 13th of February. This wi...</p> <p>📎 Remind me (ICS 1.35KB)</p>	<p>Fri 15 FEB</p>  <p>Small Schools Swimming Carnival 📅 Friday 15 February 2019 ⌚ 8:45 am-3 pm 📍 Gunnedah Memorial Pool Complex,...</p> <p>Students, family and community members are invited to attend the Small Schools Swimming Carnival on ...</p> <p>📎 Remind me (ICS 1.94KB)</p> <p>📎 Order of Events 2019 (DOCX 311KB)</p>	<p>Fri 22 FEB</p> <p>Gunnedah Zone PSSA Swimming 📅 Friday 22 February 2019 ⌚ 8:30 am-3 pm 📍 Gunnedah Memorial Pool Complex</p> <p>The Gunnedah Zone PSSA Swimming Carnival will be held on Friday the 15th of February at the Gunnedah...</p> <p>📎 Remind me (ICS 1.25KB)</p>
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Members of the school community are able to select necessary events and set a reminder on their phone or other mobile device. We will constantly update our website weekly to ensure that all information and events remain correct and relevant.

We endeavour through the newsletter, school website and Facebook page that we are able to disseminate all relevant information to parents in a timely manner. Enjoy the week ahead.

Benjamin Carter
Principal

Small Schools Swimming Carnival

A program is attached for your information. Cost of pool entry is \$2 for student and \$1.35 for adults. Kinfolk canteen will be available but please remember that students visiting the canteen will need to have a parent with them. Don't forget hats and sunscreen.

Moving into Year 7, 2020

Year 6 students have been given a booklet 'Moving into Year 7 in a NSW Government School in 2020'. All forms need to be return to school, even if your child will be attending a private school (fill out Section E). Please return to the office by **19th March**.

Zone Swimming Carnival , Gunnedah

Students selected to participate in this carnival will be notified next week and will need to be at the pool by 8:45am on the day.

School Banking Program 2019 For Parents

A brochure is attached for your information. Student Banking is conducted every Thursday, just send your child's deposit to school on that day.

Forms to be returned ASAP

- Prohibitive Declaration (by both parents)
- Student Emergency Contact Details (please insert Medicare expiry date).
- Permission to Publish

UPCOMING EVENTS	
Term 1 Week 4	Reminders/Events
Monday 18th	Canteen
Tuesday 19th	Scripture
Wednesday 20th	Bookclub due
Thursday 21st	Student Banking
Friday 22nd	Zone Swimming Carnival Gunnedah



Healthy lunchboxes - 4 simple steps

Packing an everyday lunchbox can be as easy as following these simple steps. Include:

- Crunch&Sip@: vegetable sticks or fruit.
- Recess: vegetable sticks or fruit and 1-2 other everyday snacks e.g. popcorn, yoghurt, rice crackers.
- Lunch: a sandwich, wrap or roll or an alternative such as pasta salad
- Drinks: water and reduced fat plain milk.

Just one swap in the lunchbox from sometimes foods to everyday foods can make all the difference to your child's health and wellbeing.



For easy ideas on healthy lunchboxes visit

<http://www.goodforkids.nsw.gov.au/primary-schools/swap-it/packing-an-everyday-lunchbox/>





ARE YOU DOING IT TOUGH DUE TO THE DROUGHT?

Government agencies will be visiting town to assess individual situations and provide assistance accessing drought support.

Even if you are in doubt, please come along to talk to agencies about your situation.

Gunnedah

9am-12pm | Tuesday 19 February 2019

Gunnedah PCYC
View Street Gunnedah



Australian Government
Australian Taxation Office
Department of Agriculture
and Water Resources
Department of Human Services
Department of Infrastructure,
Regional Development and Cities
Department of Jobs and
Small Business



Department of
Primary Industries



Local Land
Services



Good for Kids good for life



ACTIVE KIDS VOUCHER

The NSW Government is helping kids get active with the new Active Kids program.

Parents, guardians and carers can apply for a voucher valued up to \$100 per calendar year for each student enrolled in school.

The voucher may be used with a registered activity provider for registration, participation and membership costs for sport, fitness and active recreation activities.

The voucher can be used at any time during the calendar year it was issued.

To use the voucher, find a registered activity provider and present your voucher when you sign up.

The program runs year round, so kids can get active at any time!
Visit www.service.nsw.gov.au/active-kids to apply



**Service
NSW**

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Health
Hunter New England
Local Health District

HNEHD-GoodForKids@hnehealth.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>

Good for Kids good for life

CRUNCH&SIP®

Crunch&Sip® is a set time during class time for primary school students to 'refuel' on vegetables, salad or fruit, and 'rehydrate' with water. Students who are not hungry and are well hydrated perform better in the classroom, show increased concentration, and are less likely to be irritable and disruptive. Many students are not eating enough vegetables and fruit or keeping sufficiently hydrated.

What to pack for
Crunch&Sip®
it's simple!
Crunch&Sip means vegetables, fruit and water only.



www.healthykids.nsw.gov.au/campaigns-programs/crunchsip.aspx



Health
Hunter New England
Local Health District

HNEHD-GoodForKids@hnehealth.nsw.gov.au
<http://www.goodforkids.nsw.gov.au/>