

MULLALEY PUBLIC SCHOOL



A Quality Education in a Caring Environment

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WEEK 5 Term 3, 2019

Week	Monday	Tuesday	Wednesday	Thursday	Friday
6	26 Kids Kitchen	27 Responsible pet education K-2 Scripture	28 Life Education Van	29	30 Sport in Gunnedah
7	2 Kids Kitchen	3 Scripture	4	5	6
8	9 Kids Kitchen	10 Scripture	11	12 Footy Colours Day	13 Area Athletics Tamworth

Zone Athletics - This Friday

Permission notes have been sent home for those student eligible to participate in the carnival on Friday. Please return to the office by Thursday.

A program for the carnival is attached. If your child is competing in the high jump, please have them at the Donnelly Fields by 8am for a 8:15 start. All other students need to be there by 8:45 for a 9am start.

- The first 2 place getters in each event may be eligible to compete at the Area Carnival to be held in Tamworth on Friday 13th September. Some qualifying distances and times may apply.
- Footware must be worn in all events.
- Spikes are permitted in the 100m and 200m events.
- Heats and finals will be run in the 100m event only. The 800m, 200m and relays will be straight finals.

A canteen and BBQ will be available on the day.

Life Education Van visit

The Life Education van will be visiting the school next Wednesday. The cost of the visit is **\$10 per child**. Please send the money to school in the enclosed envelope by Tuesday 27th August.

Attached is a Harold Merchandise form if your child wishes to purchase some.

Please place your order in an envelope with your child's name and class on the front. These will be collected by class teachers on the day.

Students heading off on Canberra excursion



Meningococcal Awareness

As we head into late winter and spring, NSW Health are urging everyone to be alert to the symptoms of meningococcal disease.

NSW Health have launched a state wide campaign about identifying the symptoms of meningococcal disease.

Meningococcal disease is caused by a bacterial infection that can lead to serious illness if not recognised and treated in time. While anyone can contract meningococcal disease, infection rates are higher in children aged 0 - 4 years and young people aged 15 - 24 years.

Do you know the symptoms of meningococcal disease?

Symptoms of meningococcal disease include:

- * Sudden onset of fever
- * Headache
- * Neck stiffness
- * Joint pain
- * Dislike of bright lights
- * Nausea
- * Vomiting
- * Irritability
- * Rash of red-purple spots or bruises that doesn't disappear when pressure is applied. (A rash does not always appear or it may occur late in the disease).

Some or all of these symptoms may appear and can mimic other common illnesses. Symptoms usually occur suddenly and can get worse quickly, so it's important to seek urgent medical treatment.

Vaccination is the best way to prevent the spread. The NSW School vaccination program provides free vaccination against meningococcal disease for year 10 students in 2019. Students ages 15-16 can access free vaccine from their GP.

Act fast and seek medical advice quickly.

People infected with meningococcal disease can become extremely unwell very quickly. People who could have meningococcal disease should seek urgent medical advice.

For more information about meningococcal disease and vaccinations, visit

www.health.nsw.gov.au/infectious/meningococcal.

Visual Arts Project

There are still some students who haven't paid their \$5 for their art canvas. Please send the money to school by Monday.



K-2 visit to Boggabri Coal mine